

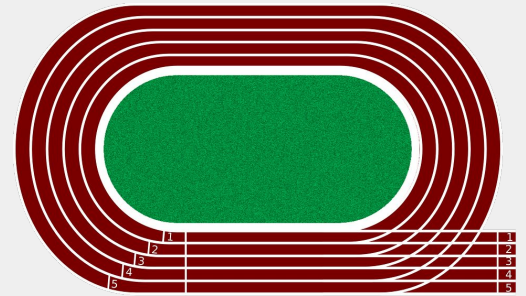


ATHLETE *of the* WEEK



October 31, 2022

Max Hohendorf



The Athlete of the Week is Max Hohendorf. Max is a senior runner on the WHS varsity cross country team. Max runs cross country because he loves running and has been doing it since middle school. Max enjoys running cross country because he likes the difficult workouts/practice sessions and running with his teammates. For this season, Max hopes to run in the the CCS Championship Meet and qualify once again for the CIF State Meet in Fresno. Max balances school and cross country by completing all his work and assignments before and after practice. Of the “8 Conditions,” as it applies to cross country, Max resonates most with Confidence To Take Action.

Woodside Athletic Department
Study hard, practice hard, play hard!